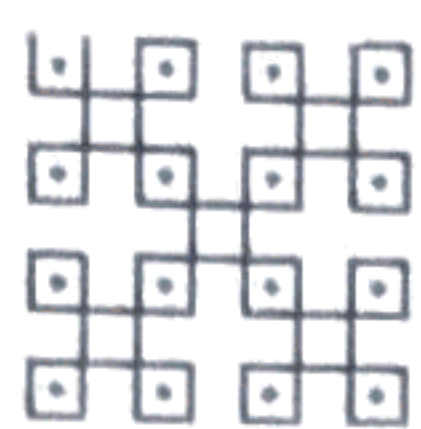




ample**Health**



Weight Loss Program

The Lean-Loss Guarantee



5–10%

Weight loss goal



3 Months

Program length



\$179/mo x3

~~\$249/mo~~

Promotion Price



1. Program goal

- Lose 5–10% body weight in 3 months
- Side effect management
- Preserve muscle mass
- Support long-term weight maintenance
- Improve existing medical conditions
- Improve quality of life



3. Our guarantee

Lose 5% of body weight in 3 months — or your money back.

- Miss 5%? Get a free 3-month extension.
- Miss again? Receive a full refund.



2. What's included

- Doctor assessment and treatment review
- GLP-1 prescription and prior authorization support
- Smart scale for weight, body fat, muscle mass, and body water tracking
- App support, reminders, progress tracking, and education
- 2 CGM sensors plus online coaching and nutrition support with dietitian

4. What to expect



Enrollment &
assessment



1st
video visit



Week 2
check-in



Month 2
consultation



Month 3
graduation



Track more than the scale: muscle retention, energy, sleep quality, and how your clothes fit.



GLP-1 medication is prescribed only if clinically appropriate. Restrictions may apply. Not in pregnancy/breastfeeding. Results may vary by individual. Program cost does not include GLP-1 cost

In partnership with

